

2025-03-15 Meditation for Saturday in the First Week of Lent is now available at: <https://pgimf.org/meditations/>

[The opening theme song with a poetic paraphrase begins:]

*Ich bete an die Macht der Liebe,*  
O Pow'r of love, all else transcending,  
*Die sich in Jesu offenbart;*  
In Jesus present evermore,  
*Ich geb' mich hin dem freien Triebe,*  
I worship thee, in homage bending,

## Psalm 76

Lyrics: Translated by Myles Coverdale (1488-1569), alt.  
Music: Dr Stephen Elvey (1805-1860)  
Artists: The Choir of Lincoln Cathedral, Colin Walsh (organ), Aric Prentice (dir.)  
<https://www.youtube.com/watch?v=HBo2rSGu6mI>

## Psalm 76

- 1 In Jewry is God known; \* his Name is great in Israel.
- 2 At Salem is his tabernacle, \* and his dwelling in Sion.
- 3 There brake he the arrows of the bow, \* the shield, the sword, and the battle.
- 4 Thou art of more honour and might, \* than the hills of the robbers.
- 5 The proud are robbed, they have slept their sleep; \* and all the men whose hands were mighty have found nothing.
- 6 At thy rebuke, O God of Jacob, \* both the chariot and horse are fallen.
- 7 Thou, even thou art to be feared; \* and who may stand in thy sight when thou art angry?
- 8 Thou didst cause thy judgment to be heard from heaven; \* the earth trembled, and was still,
- 9 When God arose to judgment, \* and to help all the meek upon earth.

10 The fierceness of man shall turn to thy praise; \* and the fierceness of them shalt thou refrain.

11 Promise unto the LORD your God, and keep it, all ye that are round about him; \* bring presents unto him that ought to be feared.

12 He shall refrain the spirit of princes, \* and is wonderful among the kings of the earth.

Glory be to the Father, and to the Son, and to the Holy Ghost  
as it was in the beginning, is now, and ever shall be,  
world without end. Amen.

[Closing words to our theme song:]

*O! dass diess jeder Sünder wüsste,*

O! that every sinner would know this,

*Sein Herz wohl bald dich lieben müsste.*

His heart must soon surely love You.

Evan

[j.evan.kreider@ubc.ca](mailto:j.evan.kreider@ubc.ca)